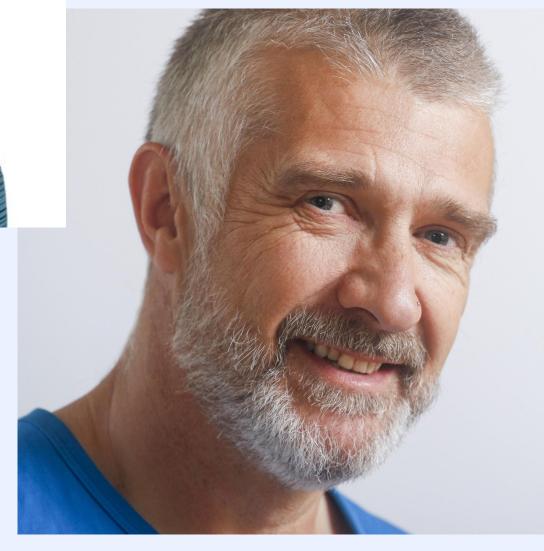
Uncovering the Agile Mindset

Heidi Araya & John Turley









What's your role?

- Scrum Master/Agile Coach/Managing Coaches
- Agile Team Member
- Product Owner/Product Manager
- Team Manager
- Director, VP, C Suite
- Other





Why an Agile Mindset?

What is it?

How do I do it?

The way we think is at the heart of deep collaboration

It is our psychology, our way of making sense of the world

Requires personal growth and change





Why an Agile Mindset?

What is it?

How do I do it?

The way we think is at the heart of deep collaboration

It is our psychology, our way of making sense of the world

Requires personal growth and change





Why an Agile Mindset?

What is it?

How do I do it?

The way we think is at the heart of deep collaboration

It is our psychology, our way of making sense of the world

Requires personal growth and change









Complexity is increasing

- Globalization
- Technology
- Scale



Understanding complexity



The world used to be complicated



A challenge to ways of thinking and working



Complexity is increasing

- Globalization
- Technology
- Scale



Understanding complexity



The world used to be complicated

- Complicated =/= Complex
- World is not preparing us for new realities



A challenge to ways of thinking and working



Complexity is increasing

- Globalization
- Technology
- Scale



Understanding complexity

- Many moving parts
- Highly interconnected
- Non-linear cause & effect
- Unpredictability, ambiguity, volatility



The world used to be complicated

- Complicated =/= Complex
- World is not preparing us for new realities



A challenge to ways of thinking and working



Complexity is increasing

- Globalization
- Technology
- Scale



Understanding complexity

- Many moving parts
- Highly interconnected
- Non-linear cause & effect
- Unpredictability, ambiguity, volatility



The world used to be complicated

- Complicated =/= Complex
- World is not preparing us for new realities



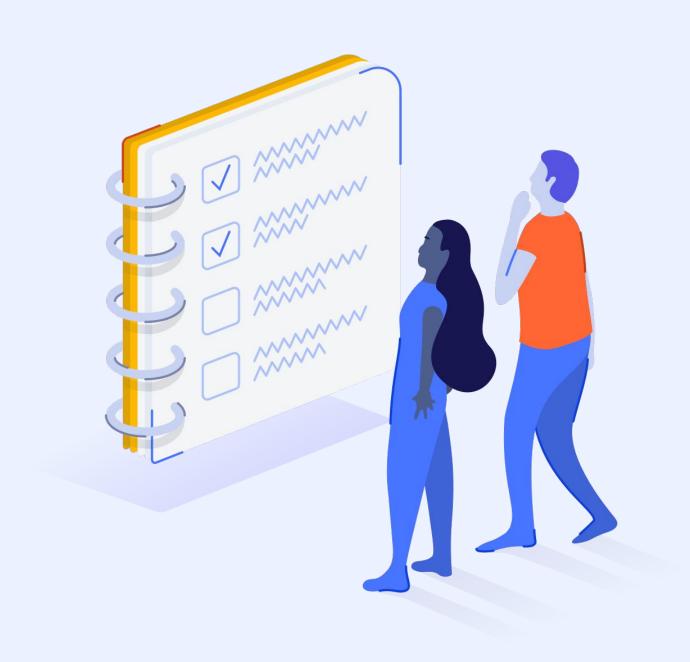
A challenge to ways of thinking and working

- Technical vs adaptive challenges
- The way we think and act is lagging behind the reality of today's world
- Agile Mindset can handle increased complexity

We can't solve problems by using the same kind of thinking we used when we created them.







Developmental Psychology

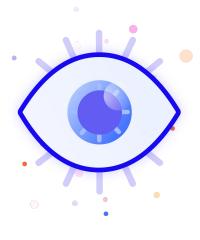
Sense-making

Stages

Metaphors



A deeply embedded view 1980: psychologists thought that your development ended in mid- 20's



Making sense of the world



Developmental stages



Developmental Psychology

Sense-making

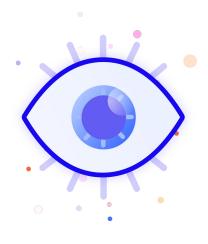
Stages

Metaphors



A deeply embedded view

1980: cognitive psychologists thought that your development ended in early 20's



Making sense of the world

Constructivist view: We're constructing our own reality all the time



Developmental stages



Developmental Psychology

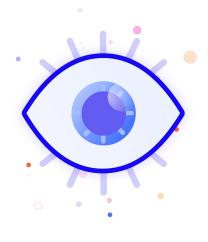
Sense-making

Stages

Metaphors



A deeply embedded view 1980: psychologists thought that your development ended in early 20's



Making sense of the world
We're constructing our own
reality



Developmental stages

- Pre-conventional
- Conventional
- Post-conventional



Moving through Developmental Stages

Developmental Psychology

Sense-making

Stages

Metaphors





Developmental Psychology

Sense-making

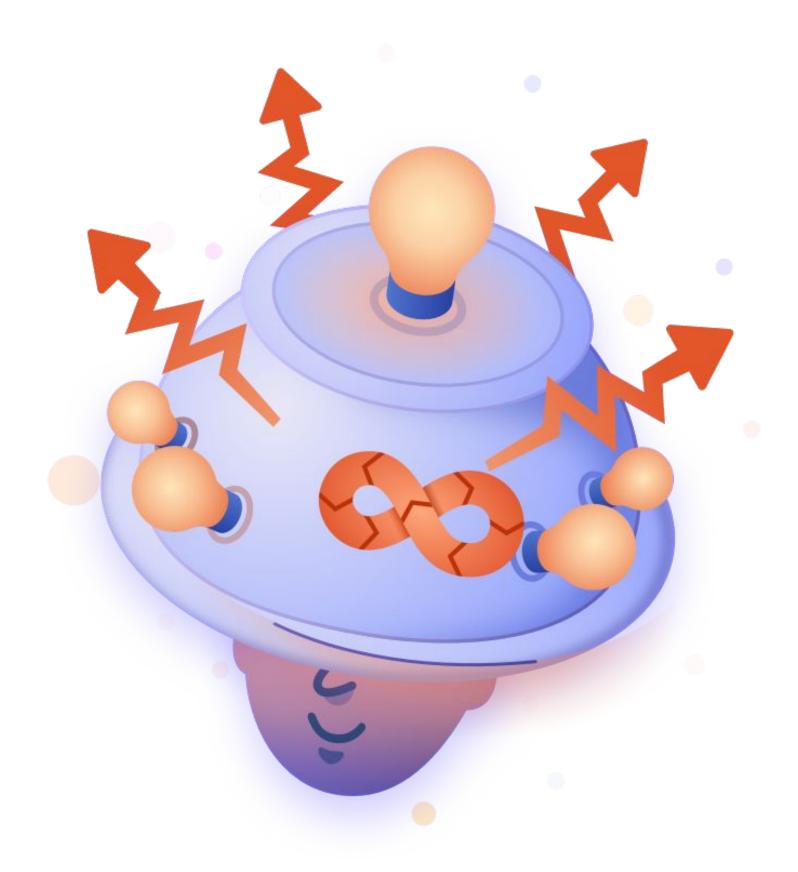
Stages

Metaphors





Post-Conventional Mindset ~ Agile Mindset





How do we develop an Agile Mindset?



Dialogue Partnering

- Collaborative enquiry into your meaning-making
- Uncover hidden commitments
- Unlock greater agility





How do we develop an Agile Mindset inside organizations?



Social networks

Motivational Orientation

Unlock Autonomy



Social networks

- Mindset doesn't develop in isolation
- Mindset is influenced by culture
- Culture is the sum of mindset



Motivational Orientation



Unlock Autonomy



Social networks

Motivational Orientation

Unlock Autonomy



Social networks

- Mindset doesn't develop in isolation
- Mindset is influenced by culture
- Culture is the sum of mindset



Motivational Orientation

- Control versus autonomy
- Choosing to act or not
- Most organizations prioritize control



Unlock Autonomy



Social networks

Dialogue Partnering

Unlock Autonomy



Social networks

- Mindset doesn't develop in isolation
- Mindset is influenced by culture
- Culture is the sum of mindset



Motivational Orientation

- Control versus autonomy
- Choosing to act or not
- Most organizations prioritize control



Unlock Autonomy

- Action Learning Groups
- Agile Mentoring Workshops
- Encourage healthy dialogue







Multiple people needed to understand

- Bring people with different perspectives together
- Solve a real business problem
- Focus on the "how"



Emotional engagement = essential



Relevant to daily role



Get out of the comfort zone

Complex Problem

Salient

Meaningful

Disequilibriating





Multiple people needed to understand

- Bring people with different perspectives together
- Solve a real business problem
- Focus on the "how"



Emotional engagement = essential



Meaningful

Disequilibriating

Complex Problem



Relevant to daily role

Learn in the flow of work



Get out of the comfort zone





Multiple people needed to understand

- Bring people with different perspectives together
- Solve a real business problem
- Focus on the "how"



Emotional engagement = essential

People need to care



Relevant to daily role

Learn in the flow of work



Get out of the comfort zone



Complex Problem

Salient

Meaningful

Disequilibriating



Multiple people needed to understand

- Bring people with different perspectives together
- Solve a real business problem
- Focus on the "how"



Emotional engagement = essential

People need to care



Relevant to daily role

Learn in the flow of work



Get out of the comfort zone

But not for too long...



Complex Problem

Salient

Meaningful

Disequilibriating

Once you establish an Agile
Mindset and a Deliberately
Developmental Environment, you
begin to act in a way that's
congruent with today's world





Thank you